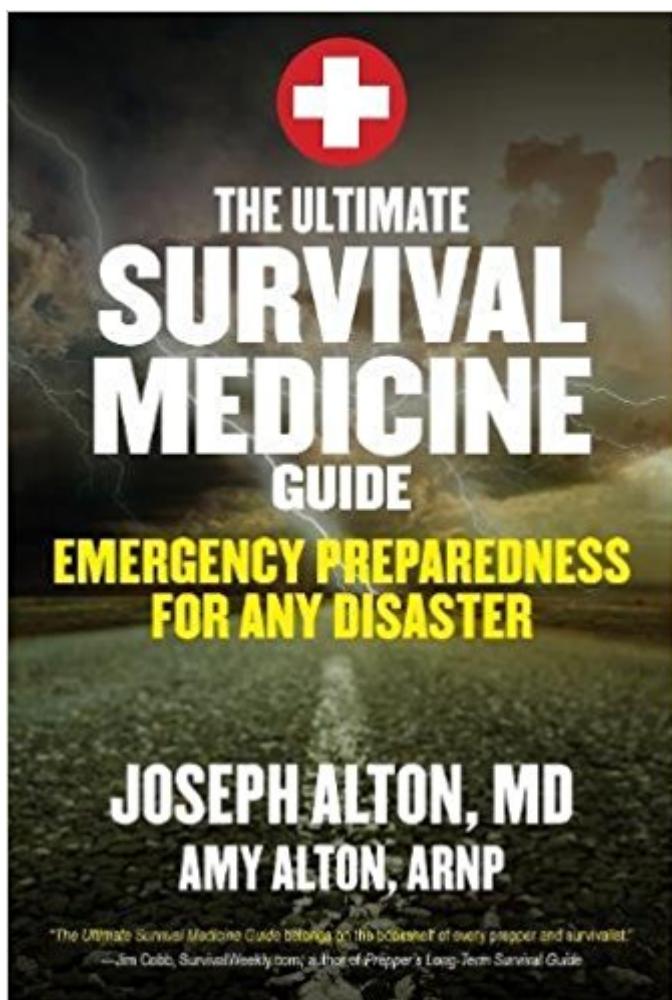


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# The Ultimate Survival Medicine Guide: Emergency Preparedness For ANY Disaster



## Synopsis

The Ultimate Survival Medicine Guide: Emergency Preparedness for any Disaster is the new abridged version of the bestselling book The Survival Medicine Handbook. This unique medical book is meant to enable the average person to handle injuries and illness in situations in which modern medical facilities and professionals aren't available due to a disaster. This book is written by America's top medical preparedness experts: Joe Alton, MD, and Amy Alton, ARNP. Their mission: to put a medically prepared person in every family for when medical help is not on the way. Using decades of medical experience, they address, in plain language, dozens of medical issues associated with surviving disasters and epidemics. The Altons also discuss the medical supplies needed to become a medical asset to your family and community as well as alternative and natural strategies for when pharmaceuticals aren't available. Most medical books will send you to the doctor or hospital when an emergency happens. The Ultimate Survival Medicine Guide assumes what might actually happen—that the average person could be left without medical help in a disaster. With this unique book, you'll have a head start on keeping your family healthy in times of trouble.

## Book Information

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## Customer Reviews

The Ultimate Survival Medicine Guide belongs on the bookshelf of every prepper and survivalist. It perfectly combines traditional medicine, natural remedies, and common sense to keep you and your loved ones healthy and alive when hospitals aren't a viable option. I can't recommend it enough! Jim Cobb, SurvivalWeekly.com, author of

Prepper's Long-Term Survival Guide &#147;Preparation for a time when Western medical care is not available&#151;such as during a &#145;collapse&#146; is vital for survival. Dr. Joseph and Amy Alton give practical guidance to prepare nonmedical persons and equip them to care for their loved ones during a long-term survival situation. You will feel confident to handle the most common medical situations encountered during a disaster with The Ultimate Survival Medicine Guide: Emergency Preparedness for any Disaster.Â• &#151;Dr. Scott A. Johnson, author of The Doctor's Guide to Surviving When Modern Medicine Fails &#147;Dr. Joseph Alton and his wife Amy have made it their lifetime mission to educate those with a preparedness mindset on medical remedies should they find themselves in an emergency scenario where no medical care is available. The Ultimate Survival Medicine Guide is a must-have book for everyone's preparedness resource library. It's in mine!Â• &#151;Survivor Jane, author of Survivor Jane's Guide to: Emergency/Survival Hygiene: A Cookbook for Making Survival Hygiene Products &#147;Joe and Amy Alton are well-loved and respected pioneers in the survival and prepper world. They have been more than generous with sharing their time, expertise, and encouragement to thousands of people around the world, and I'm thrilled with the new, abridged version of their book, The Survival Medicine Handbook.Â• &#151;Lisa Bedford, author of Survival Mom &#147;I have known Dr. Bones and Nurse Amy for many years now, and have been with them on speaking tours, radio interviews, and disaster preparedness expos all over the US. I can tell you that they have been at the forefront of the preparedness industry in general, and they are the leaders when it comes to preparedness medicine.Â• &#151;Rick Austin, author of Secret Garden of Survival

Joseph Alton, M.D. (Dr. Bones) and Amy Alton, A.R.N.P. (Nurse Amy) are medical preparedness professionals from the popular survival website [www.doomandbloom.net](http://www.doomandbloom.net). Dr. and Ms. Alton are regular contributors to Backwoods Home, Survival Quarterly, Self-Reliance Illustrated, and Survivalist magazines.

This book is full of information to use whether you're a health care professional in a survival situation or a layman needing to know what to stock and how to use what you've stocked to help yourself and others.

As a prepper family we like to have resources at our finger tips. This book arrived quickly, it is first quality, the illustrations and description are very helpful.

I certainly haven't read this book cover to cover, but I keep it around and read page or two when the mood strikes me. That's how long a typical explanation for something takes. The few things I've read have been very clear and understandable, and reflect in-depth knowledge by the author(s). I contracted tick-borne Lyme Disease a couple years ago and was in ICU for two weeks, yet I learned more about the transmission of that disease from a page or two in this book than I knew from all my prior reading and talking with doctors. The book covers a remarkably broad spectrum of health issues that are both every day life (ie: tooth problems) and outdoor/survival related (ie: toxic plants). You can jump right into any one that interests you without reading a lot of stuff that doesn't. It's also pretty well illustrated where an illustration is helpful to understand the explanation. Not going to win any awards for artistic quality, but definitely helpful. Reminiscent of my very old Boy Scout handbook .... which I still keep around. I actually can't imagine a better book that isn't something huge and expensive like the Mayo Clinic Health book. This thing is compact and densely packed with good information.

Thank you, AAA+++

This book is now in my Survival supplies. It is full of practical instructions on how to make due when dealing with medical emergencies in the field.

Great practical knowledge

Full of useful info and a joy to read, makes finding information very easy

Great read with amazing information and detail!

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